

Generation Stress - A discussion with Dr. Krishna White

“Not my kid.” “My child is too young.” It is not too early to talk to our children about vaping, alcohol and drugs. The landscape our kids navigate is far more complex than ours growing up, and is changing rapidly.

Join us for a discussion with Dr. Krishna White, from CHOP’s Division of Adolescent Medicine, who will address parents' concerns about vaping, alcohol and drugs among kids today, including:

- Differences in substance use today vs. when we were teens -- products, availability, culture, etc.
- How stress and anxiety affect kids’ use and experimentation
- Myths (culture) vs. science (adolescent brain development)
- Parents' role in helping adolescents make better decisions for themselves

Mark your calendars now for the second event in our “Generation Stress” series: join us Wednesday, February 19, 6:00-8:00 pm, in the Masterman school library, Please use the [sign-up genius](#) to let us know that you are coming.

Adults only. Casual dinner will be provided.

<https://www.signupgenius.com/go/30E044CA4AF2FA5FDo-generation>